

Girls All-Time 4x400 Relay

3:48.20	Minnetonka	2024 (Z Kuku, E Malec, B Koller, C Kohler)	3:55.29	Minnetonka	1986
3:50.12	Lakeville South	2015 (H Lubow, K Larson, C Slattery, J Mosser)	3:55.30	Providence Academy	2025
3:51.16	Rochester Century	2025 (K Berry, E Anderson, E Bunce, S Comfere)	3:55.40	Mounds View	2009
3:51.26	Hopkins	2011 (S. Rouse, M Witt, B Sweeney, H Borowsky)	3:55.48	Eagan	2018
3:51.28	Hopkins	2010 (M Witt, S. Rouse, B Sweeney, H Borowsky)	3:55.55	Woodbury	2011
3:51.48	Prior Lake	2010 (S Kemper, M Lesmeister, P Foster, H Kemper)#	3:55.57	White Bear Lake	2019
3:51.63	East Ridge	2014 (K Joiner, B Goertzen, K Marcus, S Gramer)	3:55.64	Eden Prairie	2000
3:51.65	Minnetonka	2014	3:55.73	Stillwater Area	2010
3:51.89	Rosemount	2019	3:55.73	Farmington	2013
3:52.13	Apple Valley	1997	3:55.6 *	Anoka	1986
(10)			(70)		
3:52.34	Rosemount	2011	3:55.86	Northfield	2019
3:52.39	Wayzata	2014	3:55.88	Grand Rapids	2002
3:52.47	Maple Grove	2025	3:55.90	Rocori	2003
3:52.50	Wayzata	2025	3:55.90	White Bear Lake	2017
3:52.54	Lakeville South	2014	3:55.95	Stillwater	1980
3:52.67	Prior Lake	2024	3:56.00	Anoka	2017
3:52.78	Mounds View	2007	3:56.04	Anoka	2000
3:52.82	Prior Lake	2011	3:56.04	Sartell	2025
3:53.03	Minnetonka	2013	3:56.09	Hopkins	2009
3:53.29	Eagan	2015	3:56.13	Anoka	2003
(20)			(80)		
3:53.37	Burnsville	2004	3:56.13	Lakeville South	2012
3:53.44	Wayzata	2023	3:56.13	Rosemount	2022
3:53.49	Eagan	2022	3:56.20	Cretin-Derham Hall	2017
3:53.74	Stillwater Area	2025	3:56.21	Blaine	2023
3:53.76	Eden Prairie	2001	3:56.23	Red Wing	1989
3:53.88	Eastview	2001	3:56.24	Eagan	2016
3:54.05	Wayzata	2015	3:56.24	Rochester Century	2024
3:54.15	Minnetonka	2023	3:56.27	Prior Lake	2014
3:54.21	Edina	2021	3:56.30	Rocori	2016
3:54.33	Anoka	2001	3:56.34	Lakeville South	2016
(30)			(90)		
3:54.34	Little Falls	1989	3:56.41	Minnetonka	2008
3:54.37	Mankato East	2005	3:56.41	Bloomington Jefferson	2017
3:54.46	Lakeville South	2013	3:56.49	Park Cottage Grove	1988
3:54.46	Irondale	2016	3:56.49	Minnetonka	2011
3:54.51	Farmington	2011	3:56.4 *	Anoka	1982
3:54.52	Hopkins	2007	3:56.70	Roseville Area	2010
3:54.59	Mounds View	2010	3:56.71	Mounds View	2014
3:54.75	Eagan	2014	3:56.73	Woodbury	2005
3:54.79	Prior Lake	2025	3:56.75	Minnetonka	2015
3:54.81	Hopkins	2008	3:56.78	Wayzata	2016
(40)			(100)		
3:54.82	Bloomington Jefferson	2015	3:56.81	Blaine	2025
3:54.83	Minnetonka	2022	3:56.6 *	Rochester Mayo	1977 (3:58.0y)
3:54.90	Lakeville North	2007	3:56.87	Anoka	2005
3:54.91	Prior Lake	2012	3:56.87	Roseville Area	2019
3:54.92	Stillwater Area	2012	3:56.88	Rosemount	2010
3:54.96	Wayzata	2019	3:56.91	Mankato West	2025
3:54.98	Edina	2023	3:56.93	Eastview	2002
3:54.98	Wayzata	2024	3:56.94	Eden Prairie	2022
3:55.01	Bloomington Jefferson	2016	3:56.97	Roseville Area	2025
3:54.8 *	Anoka	1981	3:56.98	Minnetonka	2025
3:55.05	Mounds View	2011	3:57.02	Anoka	1999
(50)			(110)		
3:55.14	Mankato East	2004	3:57.02	Benilde St. Margaret's	2000
3:55.16	Mounds View	2008	3:57.03	Hill-Murray	2017
3:55.16	Minnetonka	2018	3:56.8 *	Stillwater	1981
3:55.17	Anoka	2002	3:57.06	Maple Grove	2024
3:55.20	Anoka	2004	3:57.07	Apple Valley	1998
3:55.0 *	Anoka	1980	3:57.07	Stillwater Area	2013
3:55.24	Eagan	2025	3:57.07	Edina	2022
3:55.24	Mpls Southwest	2025	3:57.08	Edina	2017
3:55.27	Minnetonka	2021	3:57.09	Anoka	2018
(60)			(120)		

3:57.16	White Bear Lake	2016
3:57.24	Wayzata	2008
3:57.29	Moorhead	2025
3:57.35	Eden Prairie	2005
3:57.37	Rosemount	2015
3:57.37	Pequot Lakes	2018
3:57.40	Minnetonka	2012
3:57.2 *	Anoka	1977 (3:58.6y)
3:57.44	Rosemount	2008
3:57.44	Pequot Lakes	2017
(130)		
3:57.45	Moorhead	2002
3:57.46	Edina	2024
3:57.47	Eagan	2019
3:57.50	Cretin-Derham Hall	2016
3:57.53	Northfield	2018
3:57.3 *	Rochester John Marshall	1977 (3:58.7y)
3:57.62	Minnetonka	1984
3:57.62	Roseville Area	2023
3:57.62	Blaine	2024
3:57.63	Rocori	2015
(140)		
3:57.4 *	Mounds View	1982
3:57.64	Stillwater	1986
3:57.64	Sartell-St. Stephen	2024
3:57.65	St. Cloud Tech	2007
3:57.65	Rocori	2017
3:57.66	Farmington	2025
3:57.68	Stillwater	2024
3:57.70	Breck	2011
3:57.70	Osakis	2012
3:57.71	Park Rapids Area	2025
(150)		
3:57.74	Coon Rapids	2014
3:57.85	Apple Valley	1996
3:57.89	Buffalo	2022
3:57.91	East Ridge	2012
3:57.95	Worthington	1999
3:57.95	Eagan	2024
3:57.8 *	Alexander Ramsey	1976 (3:59.2y)
3:58.01	Hopkins	2022
3:58.05	Stewartville	2017
3:58.09	Monticello	2019
(160)		
3:58.09	Hastings	2024
3:58.11	Wayzata	2013
3:58.12	Wayzata	2018
3:58.13	Mounds View	2012
3:58.16	St. Paul Academy	2004
3:58.17	Pequot Lakes	2024
3:58.18	Simley	2012
3:58.19	Crookston	1985
3:58.20	Cretin-Derham Hall	2015
3:58.23	Shakopee	2016
(170)		
3:58.23	Belle Plaine	2019
3:58.25	Blue Earth Area	2016
3:58.34	Lakeville	2002
3:58.34	Osakis	2013
3:58.36	Hopkins	2019
3:58.37	Rocori	1987
3:58.37	Farmington	2012
3:58.42	Minnetonka	2010
3:58.42	Roseville Area	2014
3:58.45	Monticello	2010
(180)		

3:58.46	Oaskis	2014
3:58.47	New Prague	2007
3:58.47	Eden Prairie	2009
3:58.51	Moorhead	1991
3:58.51	Prior Lake	2013
3:58.53	Fergus Falls	2011
3:58.54	Wayzata	2007
3:58.60	Wayzata	2004
3:58.63	Spectrum	2022
3:58.4 *	Anoka	1978 (3:59.8y)
(190)		
3:58.4 *	Hill Murray	1979
3:58.64	Bemidji	2014
3:58.64	Lakeville South	2025
3:58.71	Roseville Area	2024
3:58.73	Cedar Mountain	2005
3:58.75	Farmington	2023
3:58.76	Lakeville North	2024
3:58.77	St Peter	2025
3:58.78	Eagan	2007
3:58.78	Osakis	2011
(200)		
3:58.79	Rochester Mayo	2023
3:58.79	Buffalo	2025
3:58.82	St. Cloud Apollo	1980
3:58.6 *	Rochester John Marshall	1986 (4:00.0y)
3:58.86	Prior Lake	2009
3:58.87	St. Cloud Tech	2005
3:58.89	Bemidji	2013
3:58.89	St Michael-Albertville	2025
3:58.90	Lakeville North	2018
3:58.90	Rocori	2019
(210)		
3:58.91	Chanhausen	2025
3:58.92	St. Louis Park	2004
3:58.93	Mesabi East	2018
3:58.96	Blue Earth Area	2014
3:58.97	Roseville Area	1991
3:58.97	Willmar	2025
3:59.01	Worthington	1997
3:59.01	Farmington	2022
3:59.03	Farmington	2014
3:59.03	Fairmont	2016
(220)		
3:59.04	Anoka	1992
3:59.10	Rochester John Marshall	1984
3:59.12	Roseville Area	1996
3:58.9 *	Alexander Ramsey	1977 (4:00.3y)
3:58.9 *	Buffalo Lake	1977 (4:00.3y)
3:58.9 *	Mounds View	1983
3:59.18	Roseville Area	2011
3:59.18	Prior Lake	2017
3:59.19	Mankato East	2003
3:59.19	Rochester Century	2003
(230)		
3:59.20	Little Falls	1988
3:59.20	Eden Valley-Watkins/K	2023
3:59.23	Totino Grace	2010
3:59.23	Bemidji	2015
3:59.26	Holdingford	1999
3:59.26	Woodbury	2004
3:59.28	Pelican Rapids	2019
3:59.32	Mesabi East	2019
3:59.1 *	Mpls Southwest	1977 (4:00.5y)
3:59.34	Burnsville	2001
(240)		

3:59.35	North Branch	2024
3:59.36	Eden Prairie	2025
3:59.37	St. Paul Central	2000
3:59.41	Rosemount	2021
3:59.42	Northfield/ARTech	2017
3:59.45	Rosemount	2002
3:59.47	Mahtomedi	2009
3:59.51	Chanhassen	2016
3:59.51	Saint Louis Park	2019
3:59.58	Apple Valley	2008
3:59.58	Belle Plaine	2010
(251)		

* = handheld time (add.24 seconds to convert to FAT)

y = One mile in yards which is approximately 1.4 seconds longer than 1600 meters

= Possible team members- verification needed

11/18/2025